



MARK SORRENTINO

Health, PE, Religion

About Me:

My name is Mark Sorrentino and I teach physical education, health, and 8th grade Religion. I grew up in Palatine and currently live in Crystal Lake with my wife and two children. I received my degree from Northern Illinois University in 2007 and have been teaching at St. Thomas since 2015. I am so lucky to see all the students in the school and really enjoy watching them grow throughout their time at St. Thomas of Villanova School.

Religion:

I currently teach 8th grade Religion and guide the 8th graders through their Confirmation process. I think it important for the students to understand how their faith can help shape their decision making in their lives which will lead to success in the future.

Special Units & Projects:

In the gym, students have the opportunity to learn the importance of moving their bodies safely in all different ways through games, skill acquisition, dance, and more. Students learn the importance of challenging themselves and working together with others to accomplish goals. In health, students learn the importance of being healthy physically, emotionally, and socially. Most importantly, in Religion the students prepare for their Confirmation.

Field Trips:

I organize and coordinate two really fun overnight field trips to Lorado Taft for 6th grade and Timberlee for 7th grade. Both field trips are overnight trips that focus on outdoor adventure and team building.

About St. Thomas of Villanova School:

St. Thomas of Villanova School is like a second home. It is such a great place to be a part of. From the students, to the administration, staff, and everyone here strives for the best and works to achieve all they can.