



“There is a Chinese proverb that I always remember as I plan lessons: I hear, and I forget; I see, and I remember; I do, and I understand.”

Valerie Zemko

3rd Grade

Mrs. Zemko attended Sacred Heart of Mary High School in Rolling Meadows and received her BS from Illinois State University, with a Major in Physical Education and a Minor in Biology. She received her MS in Curriculum and Supervision from Northern Illinois University.

She taught P.E., Math, and Reading at St. Colette School in Rolling Meadows for 11 years and also served as the principal there for 32 years. She has experience as a Long Term Substitute at St. John the Evangelist in Streamwood, working in middle school science, religion, reading and writing.

On St. Thomas of Villanova

“I feel blessed to be at St. Thomas this semester. The children are wonderfully enthusiastic and the administration and staff are talented, supportive colleagues. This is a wonderful place to be.”

When working with students, I hope to help guide them to:

- be lifelong learners
- be able to problem-solve and think critically
- be able to work independently
- be able to work with others
- be creative
- care and want to give back to their community
- be persistent
- have integrity and self-respect
- have moral courage
- grow in their faith
- speak well, write well, read well, and work well with numbers
- enjoy their lives.